

SELF HELP RECOVERY GROUPS SCHEDULE ELK VALLEY & CROWSNEST

Alcohol and Drug Information Referral Service #1-800-663-1441
Cranbrook Home Detox Program #250-417-6171

Monday	Sparwood AA -7:30 p.m. (bs)(o)(c)(dm)(wc)(ns) Larry 250-425-2529 Sparwood Hospital 570 Pine entrance at front of building. Door to the left of emergency doors.	
Monday	Fernie Celebrate Recovery (Christ centered recovery) -6:30 – 8:30 pm (o)(ns) Mountainside Community Church 1622 10 th Ave Fernie 250-423-4112 www.celebraterecovery.com	
Tuesday	Sparwood Celebrate Recovery (Christ centered recovery) -6:30 – 8:30 pm (o)(ns) Mountainside Community Church 1381 Ponderosa Dr Sparwood 250-423-4112 www.celebraterecovery.com	
Wednesday	Fernie AA -7:30 p.m. (o)(ns) Anglican Church basement-561-4 th Ave Doug 250-423-5594 Ann 250-423-4053	Crowsnest AA -8:00 p.m. (c)(ns) Blairmore Prov. Building red door, east side Michelle & Doug 403- 562-2466 Barry 403-563-5473
Thursday	Sparwood AA -8:00 p.m. (o)(c)(dm)(wc)(ns) Sparwood Public Library 110 Pine Larry 250-425-2529	Sparwood Al-anon 7:30p.m. (o)(dm)(ws)(ns) Sparwood Hospital 570 Pine Dr's entrance Rita 250-433-1430 call or txt
Saturday	Sparwood AA 9:00 a.m. (o)(ns) Meeting Causeway Bay Hotel 102A Red Cedar Dr Larry 250-425-2529	Narcotics Anonymous 7pm (o)(ns) Fort Steele Top of the World Ranch, Lakit Lake Rd Contact: Top of the world ranch 1-888-996-6306
Saturday	Sparwood AA -7:30 p.m. Betty-Ann 250-433-6510 436 Pine Ave Sparwood Christian Centre (Church basement) (o)(ns)	
Sunday	Fernie AA -7:30 p.m. (o)(ns) Anglican Church basement- 561-4 th Ave Doug 250-423-5594 Ann 250-423-4053	Crowsnest AA -8:00 p.m. (o)(ns) Blairmore Prov. Building red door Michelle & Doug 403-562-2466 Barry 403-563-5473

AA Literature & Book Contact #250 489-2483
Narcotics Anonymous www.chinookna.org #1-877 463-3537

(c) closed, (o) open, (ns) non smoking, (bs) book study, (dm) discussion meeting, (wc) wheel chair

SMART RECOVERY.ORG Online Activities SMART Recovery Message Board

- Online Meetings Schedule, Text Chat Meeting Help, Voice Chat Meeting Help, Online Volunteers

CRISIS LINE Connecting you to the help you want. Non-judgemental Emotional Support to help you get through the day. All calls welcome! **1-888-353-2273**